



The Drummer

January 27, 2010

UPCOMING EVENTS

WORSHIP AND SUNDAY SCHOOL AT 9 AND 11 AM

JANUARY 31

- Kelly Brill's sermon is entitled, "Body Building"; the scripture is Ephesians 4:11-16.
- January 31 is Annual Meeting Sunday. We will convene in the Fellowship Hall for lunch and the meeting, to be held concurrently after the 11 AM service. We are going to have a potluck lunch featuring the best pots of Chili our congregation can brew! Please prepare a pot of chili capable of serving 10-15 people and be ready to serve by 12:00pm on the 31st. For anyone who is not a chili cooker, please bring a dish to share. Drinks and table servings will be provided. See you at the meeting!

FEBRUARY 7

- On this first Sunday of the month, we celebrate the Sacrament of Holy Communion. The scripture is Luke 5:1-11; Kelly's communion meditation is entitled, "Life in the Deep Water."
- February 7 is Camp Sunday! The Fellowship Hall will be full of tents, pictures from camp, and your first opportunity to register for UCC summer camp 2010!

SWINGTIME: 1944 – a great way to spend Valentines evening! The concert will begin at 6:00 PM. Doors open at 5:15. Ticket price (\$15.00 for seniors, \$20.00 for adults) includes refreshments. Popular Cleveland performers will sing songs from the World War II era. Invite friends! All of the church's proceeds will be directed towards the UCC Haiti Relief Fund. Tickets are on sale after each worship service at the Welcome Center, or call the church office.

ASH WEDNESDAY SERVICE, FEBRUARY 17, 7:30 PM

Members from the Avon Lake Presbyterian Church and Lake Shore United Methodist Church will worship with us on Ash Wednesday this year. The service will include music from our combined choirs, communion, and the (optional) imposition of ashes. Begin the season of Lent, the season of spiritual growth, with this time of community worship.

LEADERSHIP RETREAT MARCH 27, 9:00 – 11:30 AM

All members are invited! If you're serving on a board this year, your participation is especially requested. Charlotte Noble is serving as our consultant. Charlotte has served as a local church pastor and has worked for the UCC national offices. She lives in Lakewood now and is an active member of St. Paul's Community Church. She will lead us in a discussion based on building on our church's strengths as we make future plans.

A WORD FROM KELLY

One month into this new year, this new decade, is anything different about your life? If you made any resolutions or goals, have you stuck with them? Change is hard. Our Circle of Life program encourages us to make baby step changes, to send ourselves encouraging messages, and to help one another become accountable. In my own life, I sometimes feel that days fly by and I regret not having accomplished more. It's easy, isn't it, to just fritter away time? There's nothing wrong with leisure. In fact, true relaxation can refresh us and re-energize us. But wasting time is a lot like eating junk food – both are addicting and can leave you feeling empty.

One of my colleagues recently wrote these words. Perhaps they'll motivate and inspire you as they did me. Remember, this year is still new. If you don't like how things are going so far, start over!

"Your soul can be saved, but your life has to be spent to do it. There is no way you can stand still in the process. It all moves forward. Actions are investments - as are everyday choices. The "economy" of reality is dynamic. Each morning when you wake up, you have a certain amount of life-capital to spend. It varies a little by individual, but by the end of the day all of your attempts to hoard it will come to naught - so spend it.

Spend it on gleaning insights, helping others, appreciating the whole big show of the universe, and pursuing the ONE that set all of this up.

Go to bed at night like you would go to your grave: exhausted, fulfilled, and in the posture of the winning marathon runner (on your hands and knees - having given your all). No one can hang onto this life for more than a few years. Use these years in pursuits that satisfy the soul. You will not regret it.

I do not plan to die with money in the bank or food left in the refrigerator. Life is for the living. It is relished by the spiritually brave. Do not waste it; there is no second option. Whatever you are about, go about it with all you have and all you are. The whole-hearted approach is the only one that really works. Seize the day!"

NEW WOMEN'S GROUP FORMING: A group of women in their 20's to early 40's is meeting on Tuesday, February 16, at 6 PM at the John Christ Winery. All are welcome. If you cannot attend, but would like information on future gatherings, please contact Angie Danielson: angied221@gmail.com

CARE BOXES

The Membership Board will be sending Care Boxes in February to service people associated with the church. If you have a family member serving in the military, please send his/her name and address to Bob Reich (bjreich@oh.rr.com) or the church office. A box will be available at the Welcome Center next month to accept donations for the boxes. Suggested items for military Care Boxes: SOAP SHAMPOO CRÈME RINSE HANDI-WIPES SUN TAN LOTION SANITIZER COMBS DEOPERANT EMERY BOARDS HAND LOTION SOCKS PLAYING CARDS PUZZLE BOOKS PENS CD'S CANDY PAPER BACK BOOKS POSTAGE STAMPS GUM COOKIES POPCORN

Thank you, in advance for your assistance.

The Membership Board

2010 ALUCC LENTEN MEN'S BREAKFAST SERIES

The 2010 Lenten Men's Breakfast Series will continue the theme that was started in 2009 during Advent: a focus on understanding men's health issues. All men of ALUCC are invited to four Friday morning breakfasts that will be held in our Fellowship Hall during Lent. At each breakfast a doctor will discuss their particular medical expertise with us. Join us at 6:30AM on Friday, February 19, Dr. Mark Gould, Podiatrist; March 5, Dr. Dave Joyce, Cardiologist; March 19, Dr. Geoffrey Poyle, Chiropractor; and April 2, Dr. Jennifer Snyder, General Practitioner. Each breakfast costs \$4.00.

MEN'S 7TH ANNUAL RETREAT, SATURDAY, MARCH 6TH.

All men are invited. IN ADDITION TO HEARING FROM OUR OWN SPEAKERS, TERRY PLUTO, SPORTSWRITER FOR THE PLAIN DEALER, IS GOING TO COME AND SPEAK ON HIS FAITH WALK AS WELL. The Retreat is from 8:00am - 4:00pm. Registration will start at 7:45. Cost is \$30 and breakfast and lunch will be provided. Retreat will be held at the AQUA MARINE CLUB HOUSE off of Lake Road or Miller Road. Make checks out to ALUCC and mark Men's retreat on the envelope and drop in the collection plate. Scholarship funds are available and confidential. **THERE IS LIMITED SPACE AVAILABLE SO MAKE YOUR RESERVATION A.S.A.P. THE DEADLINE FOR RESERVATION IF NOT FILLED UP WILL BE February 21ST.**

BIBLE STUDY!: Adult Bible Study meets in the Gathering Space every Wednesday morning at 10. Usually, the scripture that is discussed is the one being used in the upcoming sermon. New members are always welcome to join in!

COFFEE HOUR: Please sign up to host or co-host an upcoming Coffee Hour! It's such an important part of our community life – both for old friends wanting to connect and for new guests wanting to meet others. The Board of Deacons will answer any questions you might have. Instruction sheets are available on the website and at the Welcome Center. Remember – Coffee Hour doesn't have to be elaborate. Thank you!

CALLING ALL 4TH GRADERS! If you have a 4th grader in your family and they have not received a letter concerning the 4th Grade Pre-Confirmation class, please call the church office at 933-3241.

INFORMATION FOR JOB-SEEKERS: The Census Bureau is currently hiring temporary workers. More information is available at avonlake.org, or call 1-866-861-2010.

ALUCC PRAYER LIST: We update this list at the beginning of each month. Please contact the church office by phone (933-3241) or email (pastor@thealucc.org) to send an update or to add a name.

New on the Prayer List: Krystal Holstein, diagnosed with mono. Don Mahnke (friend of Debbie Pettys), complications after surgery. Cathy Williams (friend of Sue Wetzig). Hilda Williams (relative of Karen Pfeiffer).

Updates on the Prayer List: We are so grateful for your prayers for 3-yr-old Sam Taylor and the many questions we get about him. Sam's chronic anemia is being controlled with continuing IV treatments at Cincy Children's Hospital. In the spring, doctors will try to wean him off the treatment. Please pray with us for that next big step--and a healthy boy. – Loy Wiley

Members with Health Concerns: Larry Arnold, Fran Baird, Joann Barelka, Bob Bolen, Carolyn Cerney, Jeremy George, Don Gumble, George & Edie Horst, Christin Lucas, Jinny Manning, Ellie Mental, Wally Paine, Rosie Stuebner, Bette Uhle, Tom Walther, Don Young.

Members Receiving Treatment for Cancer: Linda Brown.

Friends and Relatives Receiving Treatment for Cancer: Barbara Boyte, Tom Brunner, Mary Ann Goodrich, Carol Gould, Becky Grendow, Carl Grendow, Jeff Herrilko, Linda Norman, Lisa Norman, Lisa Nusbaum, Marlene Packer, Louis Pena, John Piskura, Sally Rapp, Sharon Russell, Susan Stoner.

Friends and Relatives of Members: Mac Carr, Joyce Dorbish, Brandon Hiller, Clem Hodge, Karen Holdridge, Mick Haddox, David Macleod, Connie Remein, Sam Taylor, Larry Verga, Harry Zacharias.

In Hospice Care: Jane Bates, Dorothy Crawford.

Serving Overseas: Franklin Abbey, Raimil Hathaway, Jeremy Horning, Charles Parker, Tadd Schultz, Christopher Sasak, Brandon Turner.

Please remember our members who are homebound and in rehab or nursing home care.

REMINDER: If you or a loved one are in the hospital and wish prayers or visits from the church, please call the church office. Otherwise, we may not know you're there!

PARISH NURSE NEWS

- **Parish Nurse Hours:** Wednesday 2:30 – 4:00 p.m.; evenings by appointment. To contact: confidential voice mail, 930-4766; the church office; email: cherylupdegraff@oh.rr.com
- **Doorstep Dinner volunteers:** we are in the process of updating the list of those willing to provide a meal for a church member when needed. If you would like to be added to this list of volunteers, call the church office or email Cheryl. Patty Green coordinates these meals.
- **Heavenly Helpers:** we are also in the process of updating our list to coordinate members' needs with those willing to help; i.e. transportation to appointments, occasionally respite for a care giver, assistance to a 'shut in', etc. Call the church office or email Cheryl if you would be willing to occasionally provide help in this way.
- **Blood Pressure screening:** hypertension cannot be seen or felt by the individual who has it. Have yours checked between services on Sunday, February 7th
- **Diabetic Support Group:** Wednesday, February 10 @ 6:30 p.m. Rev. Kelly Brill will provide our program.
- **Depression:** there will be an information session at the Church on Sunday, February 28th at 4:00 p.m. for anyone who would like to learn more about this topic. Ken Brown, School Psychologist for Lorain City Schools, will provide information on the types of depression, symptoms, causes, and treatment protocols. Learn the warning signs and how best to respond for yourself, a family member, or a friend. You may indicate your interest in this topic by calling the confidential line, the church office, or emailing Cheryl.

DID YOU KNOW...that you can contribute to the church through an Electronic Fund Transfer (EFT)? Many people like to pay their bills automatically. It's convenient for you, and the church appreciates the steady income throughout the seasons. Contact Valerie Tanzilli in the church office for more information.

RIDES TO AIRPORT OFFERED: Jim Wise will provide transportation to and from the airport to any member, in exchange for a donation to the church. If you ever need a ride to the airport, and/or a pick-up, please call Jim at 440-933-3120 (home phone) or 216-337-8537 (cell phone.)

STAMPS: Please bring in your used postage stamps and place them in the box outside the office. Please leave approximately ¼ inch of paper around the stamp for trimming. Please leave postcards whole. This is a Women's League fundraising project. Thank you.

UPCOMING GREETERS, USHERS, ACOLYTES, COFFEE HOUR HOSTS

January 31: 9 AM: Greeters: Jamie, Chris, Madison & Matthew Clemons
Ushers: Dan Gerbick, Bob & Lynn Miller, Ron & Jan Pallinger, Judy Srail
Acolytes: Parker MacDonald
Coffee Hour: Thrift Shop
Welcome Center: Hal Wherley

11 AM: Greeters: Tom, Mary, Stephanie, Jake & Zack Noeller
Ushers: Jodi Foley, Jan Hamilton, Russ Henderson, Bill & Carrie Rodrigues,
Dee Spishak
Acolytes: Caitie Roach
Coffee Hour: Chili Cook-off
Welcome Center: Jan Kipple

February 7: 9 AM: Greeters: Robert Marimon and Richard Turner
Ushers: Greg Arebaugh, Ryan McCrum, Jim & Valerie Tanzilli, Doris Webb,
Matt Zakel
Acolytes:
Coffee Hour: Youth Ministry Team
Welcome Center: Bonnie Rademacher

11 AM: Greeters: Joe & Joleen Bradley and Erin Emery
Ushers: Doug & Linda Gates, Phil, Maureen, Ian & Erin Johnson
Acolytes:
Coffee Hour: Youth Ministry Team
Welcome Center: Jan Kipple